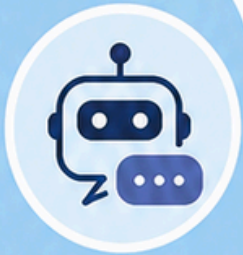




AI and Your Child: A Parent Guide

Understanding AI in everyday life, learning and school



1 What is AI?

- AI tools can generate text, images and ideas.
- Popular examples include ChatGPT, Gemini and Snapchat AI.
- Many young people already use AI for homework, revision and creativity.



2 Benefits

- Explaining ideas in simple language
- Generating quiz questions and revision prompts
- Supporting creativity and organisation



3 Risks

- AI can be wrong or misleading.
- It may produce biased or inappropriate content.
- Children may share personal information without realising.
- Over-reliance can weaken thinking and independent learning.



4 Parent Tips

- Ask how your child is using AI.
- Encourage them to check information carefully.
- Remind them not to share personal or sensitive data.
- Make sure AI supports learning rather than replacing it.



Use AI to support learning, not replace thinking.